

May 16, 1999

Food and Drug Administration
Dockets Management Branch
Room 1-23
12420 Parklawn Dr.
Rockville, MD 20857

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Mr. Michael Friedman, M.D.
Lead Deputy Commissioner
5630 Fishers Lane, Room 1061
Rockville, MD 20857

Dear Sir;

Who was it that termed the phrase "Say NO To Drug's"? Look who's pushing them on the unknowing public!

Each day, I see more TV and magazine adds for man made pharmaceutical drugs, approved by the FDA claiming to help a symptom, or disease [synthetic drugs]. Yet the FDA and my health company deny me help for real healing, through the use of herbs, vitamins and natural foods. I do not wish for any alternative such as an herb, or vitamin to be governed by the FDA or medical profession, only recognize that they do work and that the FDA no longer continue to hold information from me. Now the FDA wishes to take all my choices away by announcing their intent to HARMONIZE [to make the laws the same all over the world] the American public through the Codex Commission, which is in clear violation of The American Constitutional Amendment Rights. I resent my tax dollars being spent by the FDA to keep me and my medical doctors from knowing the truth about foods and dietary supplements. What is needed is to cut the FDA's frivolous lawsuit budget so they can no longer waste my hard earned dollars. I am a supporter for the Consumer Health Free Speech Act Reintroduced in U.S.A. HR 1077 and I fully support the efforts of Representative Ron Paul and cosponsors DeFazio, Stump, Hostettler, Chenoweth and Duncan and ask that you also withdrawl the approval of the drug rBGH [BST] per-Docket #98P-1194.

I understand that even the continuing education required for doctors, is sponsored by the drug manufactures. Where is the education information for natural alternatives not mentioned by doctors? I have seen the compromise in a doctor caused by the drug manufactures and FDA, to a treatment for disease through destructive treatments to our bodies before first trying to heal through herbs, vitamins and natural foods. Today, I no longer have faith in orthodox [western] pharmaceutical medical treatments that is propagated through pharmaceutical drug manufactures and approved by the FDA. Where are the moral ethics to humanity for achieving lasting health? Health is a Human Right! Only money seems to be the ultimate goal for the pharmaceutical drug manufactures and the FDA, which has led to an unhealthy population and we wonder why health care costs are rising!

When will mankind find that profits made from drugs such as Premarin [pregnant mare urine that a doctor won't even mention], manufactured by Wyeth-Ayerst and approved by the FDA are not the only answer to HRT. I am appalled by the inhumane treatment given to animals for the sole profit of anyone. The pain that a pregnant mare must go through being deprived of water to intensify the concentration of estrogen in urine, repeatedly impregnated, penned in tiny stalls and not allowed to lie down comfortably and on top of it all, many of the foals are killed or sold. It is also known that rBGH has detrimental effects on a cow's health resulting in shorter lives, more mastitis and topical infection. And you want us to drink this stuff you call milk! Greed and inhumanity is all I can see as the outcome from this. I guess the same type of inhumane

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treatment is the ultimate outcome for me as well, from the pharmaceutical drug companies and FDA.

Now the FDA and Monsanto have used me as an unwilling participant in their human experiments by adding rBGH [recombinant bovine growth hormone, or known as Posilac, the commercial name] in the American milk and/or dairy products and had not warned me of the dangers associated with rBGH before allowing approval of it to be placed into our dairy products and I am **ANGRY** about it!!! I have requested a list of dairies that are using rBGH in an email to Ms. Moore and have not received any response as of today via email or postal mail. Why is public information being kept from me? Recombinant bovine growth hormone research suggests that elevated IGF-1 levels in rBGH milk are associated with a high incidence of breast, gastrointestinal and prostate cancers. Last year I was diagnosed with very severe Endometriosis stage IV [which I had never had symptoms of until 1998], which is known by science and the medical community to be fueled by high hormone levels. I believe that the milk I had been drinking contained rBGH and was the cause for the sudden fueling of endo. *I wonder what Dr. Margaret Miller, Ph.D., the FDA and Monsanto have to be worried about for not allowing the public to view all the research data 53,000 pages, including organ weights and tissue samples that the FDA approved as part of the application for rBGH, that I have read about? I guess staying away from all non organic dairy products would be my cure.*

WHEN WILL THE PARTNERSHIP END, WITH THE FDA and PHARMACEUTICAL DRUG COMPANIES? When did the FDA stop working for the public, as far as I know the FDA uses my tax dollars? I, as an American citizen request that all food be labeled in LARGE print with warnings, if it contains rBGH, or any other man made chemicals, bioengineering genetically altered foods, or nutraceuticals when it has been used in any part of the food process, so that I am able to make an informative discussion.

I visited a primary health care doctors office. My experience was everything other than pleasant. When I did make an appointment and asked questions about my past health experiences, I was limited on the time and half of my questions were not answered. On several visits to this office I waited for information to be given to me, only to watch and listen to what took place and still not receiving my medical information at that time unless I would pay a fee. On more than one visit I watched as a parade of drug salesmen preceded patients. It appears as though this doctors office was more concerned with making money and free gratuities, than providing health information. Lunches were being set up by the drug reps and free drugs of choice given, to supply the stock on the shelf. Needless to say, I no longer believe in, or use that doctors office that wished to spend their time making lunch dates and prescribing drugs for symptoms, rather than helping patients to understand their health needs.

Alternative medicine through the use of only herbs, vitamins and natural foods is how I got through severe surgical menopause. I didn't even take one aspirin. Unfortunately, the definitive medical treatment was used for stage IV endometriosis, even though I had continually requested it not be done. I do not fault the doctors who performed surgical removal of my ovaries, uterus, fallopian tubes, cervix and lymph nodes, as they had done what they thought was best for my condition through their medical education. I do hold responsible the pharmaceutical drug companies, FDA and my medical insurance company for not informing me of all the dangers related to FDA approved chemicals contained in food products, and for their ignorance to alternative treatments that may have prevented me from needing such radical surgery, *which is not even a cure* for endometriosis. Closed minds, will never find a cure.

I urge you to educate yourself and research alternative treatments. There is a large amount of the population who have used alternative treatments over the years for disease and other illness, so how can anyone say testing has not been done to confirm that alternative medicine, through the use of herbs and vitamins works, I for one, am living proof. Is this what the FDA and chemical companies are afraid of? I request that the necessary steps be taken to allow

alternative treatments to health needs, before prescribing dangerous drugs, or removal of any body parts. I would hope that any insurance company that pays for a prescription drug to treat a symptom or disease, will also allow an equal amount of money to be spent on a patients request, for choice of an alternative treatment of that symptom, or disease and it **not** be through prescription form and that doctors continuing education includes herbs and vitamin information given to them. I know for a fact, that the money I had spent is only a fraction of what it would of cost my insurance company for HRT.

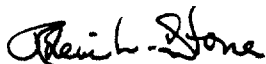
As of this year I believe in a theory, **"if the FDA approved it, it is dangerous for me to use it"**!

Remember, as I understand it, the Court found the FDA's position that the American people need to be protected from truthful health claims made without the FDA's approval, was 'Frivolous'. The FDA falsely claims that is precisely what Congress has intended and so the FDA is appealing. They were recently denied their appeal, however the Supreme Court could possibly take this up and we need to send the FDA a strong message that they will hear, since the FDA is trying every tactic to get around the law, by putting a fraudulent document on the table at Codex!

I request the removal of any staff within the FDA who has kept, or denied information from the public, or has used tax dollars to work against the American Constitutional Rights, to be removed from their position permanently.

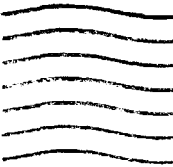
This is written only in the hopes that one day, I and many others will have a choice to better health care and inhumane treatment will stop!. I am tired of being used as an unwilling experimental participant in research that the FDA is conducting, that is destroying the Health of the American public.

Awaiting your reply.
Sincerely,



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